How Do We Start?

If you're reading this book, you probably already have a mandolin. If you don't, there are several body styles to choose from. You probably **don't** want the European **bowlback** style (tater-bug); perhaps you know, or can imagine, what that looks like.

Mainly there are the F-style and the A-style body types. The "F" in F-style stands for "Florentine" and refers to a scroll on the upper side of the body (farthest from the floor) where you can tie a strap. The A-style is teardrop-shaped, depicted below. Both styles can have either a single oval soundhole or two F-shaped soundholes similar to a violin. (You would think, as I did, that F-style meant F-holes, but no.)

I shan't be drawn into a discussion as to which style sounds or plays "better." It's probably more dependent on the level of craftsmanship than anything else. I say, pick the one you like the look of and can afford. And don't go too cheap.



General layout of the instrument. There are 8 strings on the mandolin, but it's really 4 pairs of strings, and each pair is tuned in unison, meaning that they are identical in pitch and sound just the same. The strings are attached to the tuning pegs that are mounted on the headstock. The strings ride over the nut, where they are held in place by grooves, travel down the neck over the fretboard that bears the frets, pass over the soundhole, ride over the bridge (more grooves) and attach at the tailpiece.

Holding the mandolin. If you are right-handed and playing a normally-strung instrument, rest the body on your right thigh. If you are left-handed, you have a decision to make. You might want to flip it over and tune it in reverse, or you might want to adapt to the right-handed approach.

The practical reason to adapt is that the vast majority of mandolins found in the wild are tuned for the right-handed. But there's no other reason not to have your mandolin restrung. You'll just need to read the Chord Diagrams as mirror images.

Anyway, we'll be assuming right-handed playing.

Rest the instrument on the appropriate thigh (one of yours), supporting the body with your picking/strumming arm, but keeping your wrist free to pivot back and forth. You can rest your forearm lightly on the top of the mandolin just behind the bridge. Try a strap, but slung around your **neck**, instead of over just your right shoulder.